

Utilizing leftovers

Weeks between breaks, getting the most from holiday meals is essential



WILLIAM D'ONOFRIO | THE DAILY EVERGREEN

's consumption at the residence of Maxwell Reister, Wednesday, Dec. 4.

Maxwell Reister
Evergreen Food and Beer
columnist

The word 'leftover' is lacking. It fails to convey the beauty and surprising surplus of the delight of shared meals. A challenge of my aunt's weird and enjoyable dish. I tried to invent a way to describe these meals, but I think we ought to keep it simple. King. Fullman from

Thanksgiving break, you hopefully had a stash of food-loot from the bird feast. Whether you had to earn them honestly with elbow grease and dish soap, or stole them from the fridge under a cover of darkness, the point was to try to make it through dead week and finals with few supplements from the grocery store.

A good collection would include helpings of the turkey, cranberry sauce, and mashed potatoes. These three dishes which are often found in great abundance at Thanksgiving, can be combined with common or inexpensive ingredients to create three remeals (word pending public approval).

The mashed potatoes are one of the easiest dishes to change. They can be used to thicken soups, add filling to burritos, or as a crunchy creamy breakfast side dish. Mashed browns take less

than ten minutes to make and can be cooked at the same time as a fried egg. Heat an oiled frying pan on medium heat and season your preferred amount of mashed potatoes with a pinch of salt and pepper. Place a small pancake-sized amount of mash in the pan and use a spatula or fork to flatten it to about 1/2 inch thick. When the bottom is crispy brown, flip it carefully and brown the other side before serving with grated cheese or salsa.

Another easy dish can be achieved using the cranberry sauce. This stuff is usually pretty sweet and tart, making it a great substitute for jam. Spread it on your morning toast or bagel, or invigorate your lunch with a peanut-butter and cranberry sandwich. This columnist trusts his readers do not need

Bringing holiday cheer

By Hannah Lambert
Evergreen reporter

A local band will spread some holiday cheer in the form of carols, costumes and an appearance by Santa Claus.

The Community Band of the Palouse will play a holiday concert Dec. 10 at the Gladish Community and Cultural Center.

The band, which has been around for nearly four decades, features community members ranging from high schoolers to those in their golden years, director Denise Snider said.

"We have some people who have been playing their instruments for fifty or sixty years, or more," Snider said.

Ginny Hauser has played flute in the band since 2001. Hauser said a goal of the band is to continue bringing music to people of all ages.

Snider said the band averages 45 members with a strong WSU presence including current professors, retired faculty and students alike. She said all community members are welcome to join the band, even if they haven't played in a while.

"With a little bit of time practicing, they might be pleasantly surprised about what they can do, and now science is proving that music is good for the physical, mental and emotional health of every age group," she said.

Hauser said the band plays about six concerts per year, but Aufgehts, a smaller subset of the band, plays many more.

Snider said the band's holiday concert will feature a mix of seasonal music for Christmas and Hanukkah as well as carols the audience can sing along to.

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In the Stars | Horoscopes

Today's Birthday ★★★★★—Today's Birthday (12/06/13). Embark on an educational journey this year. The winter holidays reveal love's splendor. Financial abundance rings in the New Year and continues with fruitful collaboration built on mutual respect. Springtime creativity sparks productive fun. July 25 and 26 peak with personal power. Share your work with the world in late summer. Follow your muses where they lead.

Aries (March 21-April 19)

★★★★—Get homework completed early, as distractions line your path. Money's tight. Don't fall for a trick. Publicity interferes with privacy today and tomorrow. Ask friends to teach you what you don't know.

Taurus (April 20-May 20)

★★★★—Building a savings plan is easier over the next three weeks, as your influence grows. Keep your eyes open; all's not as appears. Circumstances could bring up emotions. Consider all possibilities before taking action. Give thanks.

Gemini (May 21-June 20)

★★★★½—Responsibilities increase. Call ahead to avoid running all over town. Your team helps you make it to the top, within budget. Travel beckons, but take care. Switch up the rhythm. Go with your heart. It's bonus time.

Cancer (June 21-July 22)

★★★★—Finish up old business. It may take some wheeling and dealing. Increase efficiency. Others help you extend your influence. Don't let friends spend your money, though. Stash away the surplus. Prayer and meditation are powerful tools. Accept guidance.

Leo (July 23-Aug. 22)

★★★★½—Offer helpful

suggestions. Listen graciously, and with patience. Present only facts, not opinions or embellishments. Be prepared to walk. Today and tomorrow are extra good for compromise. Be willing to give. This allows access to new resources.

Virgo (Aug. 23-Sept. 22)

★★★★½—New questions lead to more research. Work out the details. Rest when you need to. Get a lot done today and tomorrow. An interesting development arises when a secret is revealed. Provide motivation to the team. Reason prevails.

Libra (Sept. 23-Oct. 22)

★★★★—Help out and you'll be richly rewarded. The next two days seem luxuriously lovely. Play the song lightly and enjoy. Gamble some other day. Pull strings to get what you're after, and apply creative energy. Stash away surplus funds.

Scorpio (Oct. 23-Nov. 21)

★★★★½—Love blossoms in rare and exotic ways. Don't fall for a sob story. Friends help you advance. Luck favors shrewd business people. Open a conversation again and clear up a priority disagreement. Discover what's at the bottom of the dispute.

Sagittarius (Nov. 22-Dec. 21)

★★★★—Make adjustments to get a perfect picture. You're in study mode for the next two days. Get your own house in order early. Don't try a new trick now. Send others on ahead. Acquire an antique.

Capricorn (Dec. 22-Jan. 19)

★★★★½—A friend's great idea needs work; estimate how much money it'll take. The pieces of the puzzle are falling into place. Proceed with caution, as mistakes get expensive now. Use what you have on hand to alleviate tension.

Aquarius (Jan. 20-Feb. 18)

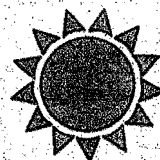
★★★★½—Develop a creative plan of action. Today and tomorrow hold a personal focus. You gain unexpected insights, despite a possible communications breakdown. Cram in an extra job to make extra money. Relax expectations and the results may surprise you.

Pisces (Feb. 19-March 20)

★★★★½—The pace quickens. You're getting more creative and sensitive. Resist the urge to fling your emotions around; use your words. Get contemplative today and tomorrow. Assign or accept work projects on an intuitive basis. Vivid dreams could fill your journal.

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The weather box



Friday | Sunny

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Tim Price, a retired music teacher, plays saxophone in the band.

"We try to play enough different styles that everybody will find something that they like," Pierce said.

Snider said she hopes audience members will see the value of the community band.

"(We) come from so many different walks of life, but when we play music together we are all sharing something that we value. The shared experience, the beauty of the music, just having a nice time together."

The concert is free to the public and families are welcome.

"We want to be family-friendly," Snider said, "and we are conscious of the fact that, if we want this music to be played in the future, we want to expose young people to it, and we want children to get interested in playing instruments."

Hauser said a band member dressed as Santa Claus will play in the bass section.

"He will be handing out gifts to the children who come," she said.

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detailed instructions on how to make toast or sandwiches.

The turkey can be used in any number of ways, from the ever-popular sandwich to an ingredient in a morning scramble. However, the turkey noodle soup method is my favorite. Use a few chunks to improve the nutritional value of your average bowl of ramen soup, or you could follow my culinary saint, Mom, and make the dish picture in this article.

Mom Reister's Turkey Noodle Soup:

Ingredients/Equipment

- 1 medium pot or saucepan
- 3 cups of cooked turkey
- Spiral noodles (or any noodles you have)
- Water (for noodles)
- 1 quart of broth (or surplus ramen spice packets)
- 2 medium carrots, chopped
- 1 small onion, chopped
- 1 celery stalk, chopped
- ½ cup of crackers, crumbled

Instructions

Heat the water in the pot

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